

Second year B.Optomety

Log book format: Refraction

(Clinical instructors/ mentor/ faculty will put signature with date

in appropriate column for each skill assessed)

Competency unit	No. of times the skill is performed	Competency level gained					
		Not performed	Novice	Adv. beginner	Competent	proficient	Expert
Case history							
Vision assessment							
Objective refraction							
Subjective refraction							
Near vision assessment							
Refraction in special cases							
Prism correction							
Primary eye examination							
Management of refractive error							
Choice of optical aid							
Overall competency							

Remarks: _____

Name and Sign of in charge

/mentor/ faculty with Date

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Portfolio for Refraction

Date: _____

I] patient's data

posted at: _____

MRD No: _____

Age: _____

Sex : M/F

II] Primary examination

Complaints: _____

History: 1) Ocular _____

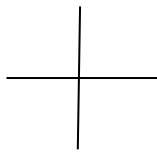
2) Systematic _____

PGP : (OD) _____ (OS) _____ Near add _____

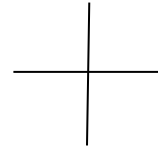
VISION :- chart used _Distance _____ Near _____

V/A	U/A	AIDED	PH	BCVA
OD				
OS				
Near				

RETINOSCOPY : Type: _____



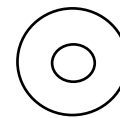
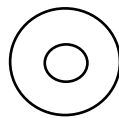
(OD)



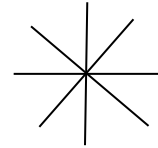
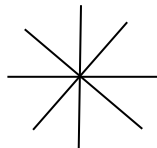
(OS)

III] Ocular examination

Pupil examination



Ocular movements



NPC _____ NPA _____

Findings: _____

IV] REFRACTION (Subjective)

	OD				OS			
	SPH	CYL	AXIS	VN	SPH	CYL	AXIS	VN
DIST								
NEAR								
Int/prisms								

Comments: _____

VI] Diagnosis:-

VII] Treatment plan, Follow up:

VIII] Learning/ reflections on this case:

- 1) Important points of this case: _____
- 2) What did you performed in this case? _____
- 3) Time taken to complete these procedures (in minutes): _____
- 4) How did you performed?
 - a. Tests that I performed well: _____
 - b. Tests that I need improvements: _____
- 5) What next? My learning plan to improvise on above points

Name and Sign of clinical instructor
/mentor/ faculty with Date

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Second year B.Optomtry

Log book format: Dispensing optics

(Instructors/ mentor/ faculty will put signature with date

in appropriate column for each skill assessed)

Competency unit	No of times skill is performed	Competency level gained					
		Not performed	Novice	Adv. beginner	Competent	proficient	Expert
Interpretation of spectacle prescription							
Measuring parameters of spectacle							
Frame selection							
Lens selection							
Fitting and glazing							
Final dispensing of spectacle							
Trouble shooting							
Business aspects (inventory management)							
Overall competency							

Remarks: _____

Name and Sign of in charge
/mentor/ faculty with Date

Portfolio for Dispensing optics

Date: _____

I] patient's data

posted at: _____

Case No: _____

Age: _____ Sex : M/F

II] Primary examination

Purpose of visit: _____

Earlier spectacle prescription: Actual measurement of old spect / from prescription

	OD				OS			
	SPH	CYL	AXIS	VN	SPH	CYL	AXIS	VN
DIST								
NEAR								
Int/prisms								

Frame parameters (type/ material/ design/ measurements)

Lens parameters (type/ material/ design/ coating/ tint/ power)
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Parameters of old spectacle:

Patient's expectations: _____

Visual needs of patient: _____

Present prescription: (for which spectacle is to be made)

	OD				OS			
	SPH	CYL	AXIS	VN	SPH	CYL	AXIS	VN
DIST								
NEAR								
Int/prisms								

Comments: _____

VI] Choice of frame: (which frame selected and why?) (write parameters of frame)

VII] Choice of lens: (which frame selected and why?) (write parameters of lens to be ordered)

VIII] Quality inspection pre and post fitting

IX] Instructions given while dispensing the spectacle

Patient's complaints:	Solution given:
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X] Troubleshooting:

XI] Learning/ reflections on this case:

- 1) Important points of this case: _____
- 2) What did you performed in this case? _____
- 3) Time taken to complete this customer/ procedure (in minutes): _____
- 4) How did you performed?
 - a. Points where I performed well: _____
 - b. Points where I need improvement: _____
- 5) What next? My learning plan to improvise on above points

Name and Sign of in charge

/mentor/ faculty with Date

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